

RACE WAIVER



I know that running/walking a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in the RCMS Band on the Run 5K and Fun Run including, but not limited to falls, contacts with other participants, the effects of the weather, including high heat and/or humidity, low temperature, traffic conditions of the road, all risks being known and appreciated by me. Having read this release and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act in my behalf or on behalf of my estate, waive and release Precision Timing Systems, RCMS band, all sponsors of the race, any other persons assisting with the race and from all claims or liabilities of any kind arising out of my participation in the race even though the liability may arise out of negligence or carelessness on that part of the persons referred to in this waiver.

I also grant permission for the use of any photographs, motion pictures, recording or any other record of my participation in this event for any legitimate purpose.

I understand that if the race is canceled because of circumstances beyond the control of the race committee and sponsors, including, but not limited to unsafe weather conditions, my entry fee will not be refunded.

YOUR SIGNATURE:

_____ Date: _____

CUT & MAIL



**FUN RUN
BEGINS
@ 8:30AM
5K BEGINS
@9AM**

**5K RUN &
KIDS FUN RUN**
TO BENEFIT ROCKINGHAM COUNTY
MIDDLE SCHOOL BAND

MARCH 24, 2012
**@ ROCKINGHAM COUNTY
MIDDLE SCHOOL**

WWW.PRECISIONTIMINGSYSTEMS.COM
TO REGISTER OR FOR MORE INFORMATION

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MARCH 24, 2012
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MIDDLE SCHOOL

ADULTS - \$25
STUDENTS - \$20
FUN RUN - \$10 (10 & UNDER)

RUNNERS, WALKERS,
FAMILIES, & FRIENDS!!

WE INVITE YOU TO JOIN OUR FIRST
"BAND ON THE RUN!" GET READY TO PUT
SOME FUN INTO THE RUN (OR WALK)!
DARE TO DRESS AS THE ARTIST WHOSE
MUSIC INSPIRES YOU, DRESS AS YOUR
FAVORITE INSTRUMENT, OR WEAR YOUR
OWN MUSIC-RELATED COSTUME....PRIZES
FOR BEST DRESSED!! THERE WILL BE
SOMETHING FOR EVERYONE!! FUN RUN
FOR KIDS 10 YEARS AND YOUNGER.

KID'S PLAY SPACE AND HEALTHY
ACTIVITIES FOR ALL AGES THROUGHOUT
THE DAY. BRING YOUR FAMILY!!

NET PROCEEDS GO TO BENEFIT THE ROCKINGHAM COUNTY
MIDDLE SCHOOL BAND PROGRAM.

GENERAL INFORMATION & PACKET PICK-UP

The 3.1-mile course has a paved asphalt surface with few hills winding through the outskirts of "downtown" Wentworth. T-shirts are included in the pre-registration packets, which can be picked up at RCMS on March 23rd from 4pm-6pm, then on race day beginning at 7:30am at the race site. Additional t-shirts may be available for purchase for \$10 while supplies last. Parking will be available in front of RCMS as well as at the softball field.

RACE MANAGEMENT

The RCMS Band Program manages the race. Registration, timing and results are performed by Precision Timing Systems. For further information, contact Brian Otter at 336-613-0073 or botter@rock.k12.nc.us.

LOCATION AND STARTING TIMES

The event will begin and end at the Rockingham County Middle School, 182 High School Rd., Reidsville, NC. The Fun Run begins at 8:30am and the 5K begins promptly at 9:00am.

PRIZES & AWARDS

First, Second, & Third Place
Overall Male & Female

Top Male & Female in the
following age groups:

70 - over	60 - 69
50 - 59	40 - 49
30 - 39	20 - 29
19 - 15	14 - 0

Most Creative Individual Costume
& Most Creative Group Costume

JOIN **facebook** GROUP RCMS BAND ON THE RUN

CUT & MAIL

REGISTRATION FORM

Fun Run \$10: _____ Adult 5K \$25: _____
Age on Race Day: _____ Student 5K \$20 _____
Date of Birth: _____ Gender: _____
T-shirt Size (Adult Only): S M L XL XXL
(circle one)

Name: _____
Address: _____
City: _____ State _____ Zip _____
Phone#: _____
Email: _____
Emergency Contact & Phone: _____

Mail Registration to: RCMS c/o Brian Otter, PO Box 182, Wentworth, NC 27375. Please make checks payable to Rockingham County Middle School. Please do not mail cash. You can also pre-register online at www.precisiontimingsystems.com. Online registration deadline: March 20, 2012. You can register in person at the race site from 7:30am - 9am. Event t-shirts guaranteed if registered before March 16th.