

PLATINUM LEVEL: \$2,500



GOLD LEVEL: \$1,500



Forbis & Dick Funeral Home



SILVER LEVEL: \$500



BRONZE LEVEL: \$250

BRIXZ PIZZA

FOSTER CAVINESS

OFF N RUNNING

PROEHLIFIC PARK

REGARDING FITNESS...WITH KARA RUFFIN

SUMMER CAMPS 2012 @ GDS

TAYLOR MADE KETTLE CORN

TRIAD INFLATABLES

GREENSBORO DAY SCHOOL
IS PROUD TO PRESENT THE
BENGAL dash...

*an annual event for runners of
all ages and skill levels!*

KICK OFF THE DAY:

8:00-8:25 a.m. Warm Ups
Provided by Parisi Speed School

FOLLOWED BY:

8:30 a.m. Kid's Dash
8:40 a.m. 1M Fun Run
9:00 a.m. 5K Bengal Dash
10:00 a.m. Door Prizes*
10:15 a.m. Awards Ceremony

Throughout the morning plan to visit

BENGAL TOWN

where fun and festivities await!

Children's Games, Music,

Field Games led by Parisi Speed School,
mini-massages and more!

**Please bring nonperishable food items to enter the door prize
drawing. Food will be donated to Greensboro Urban Ministry.*

Any proceeds benefit

service learning projects at Greensboro Day School.

*Online registration and event timing provided by
Precision Timing Systems.*

GREENSBORO DAY SCHOOL'S



DISTANCE:

KID'S DASH

1M FUN RUN

5K USATF CERTIFIED COURSE

DATE:

MARCH 31, 2012

TIME:

8:30 A.M. – DASH

8:40 A.M. – 1M

9:00 A.M. – 5K

LOCATION:

GREENSBORO DAY SCHOOL

5401 LAWNSDALE DRIVE

GREENSBORO, NC 27455

SPONSORS

PLEASE JOIN US!

5TH ANNUAL

REGISTER ONLINE: WWW.GREENSBORODAY.ORG/BENGALDASH

Return to:
Greensboro Day School
or mail to 5401 Lawndale Drive
Greensboro, NC 27455

Make checks payable to:
Greensboro Day School
Bengal Dash

DATE:
Saturday, March 31, 2012

LOCATION:
Greensboro Day School, 5401 Lawndale Dr.

Last Name _____ First Name _____

Birthday _____ Age on race day _____ Select One: Male Female

Address _____

City _____ State _____ Zip _____

Home # _____ Cell # _____ Email _____

TIMES:
Kid's Dash Start – 8:30 a.m.
1M Race Start – 8:40 a.m.
5K Race Start – 9:00 a.m.
Late Registration – 7:30-8:00 a.m.

COST:
Kid's Dash (ages 6 & under) - Free
1M - \$15 in advance/\$20 after March 21
5K - \$20 in advance/\$25 after March 21

**Families with 4 or more registrations before March 21 will receive a \$5 discount per runner.*

AWARDS:
1M M/F overall winner
5K M/F overall and masters winners,
the top 2 runners in each age division,
1 winner per age for 5 to 12 year olds

EARLY PACKET PICK-UP:
In front of the Center for the Arts
Friday, March 30, 2:00-6:00 p.m.

COURSE INFORMATION:
1M: Lawndale Dr. & circling GDS campus.
5K: USATF certified road race begins on Lawndale Dr.
The flat, scenic course takes the runner around GDS and through residential neighborhoods in NW Greensboro, finishing back on the GDS track. Two water stops.

MORE INFORMATION:
Visit www.greensboroday.org/bengaldash

RACE CATEGORY (select one)

- Kid's Dash
- 1M Fun Run
- 5K Bengal Dash - *Chip Timed*

SHIRT* (select one)

- | | |
|-----------------------------------|---------------------------------|
| <i>Adults</i> | <i>Youth</i> |
| <input type="checkbox"/> Medium | <input type="checkbox"/> Small |
| <input type="checkbox"/> Large | <input type="checkbox"/> Medium |
| <input type="checkbox"/> X-Large | <input type="checkbox"/> Large |
| <input type="checkbox"/> XX-Large | |

**guaranteed if paid by 3/21*

1M & 5K race participants receive a shirt, entrance to Bengal Town, food, and beverages. All children 12 & under will receive a race medal.

If a GDS family, provide teacher(s) name(s): _____

LIABILITY WAIVER AND IMAGE RELEASE: I know that running/walking in a foot race is a potentially hazardous activity. I should not enter and run/walk unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run/walk. I assume all risks associated with running/walking in this event, including but not limited to falls, contacts with other participants, the effects of the weather including high heat and/or humidity, low temperature, traffic and conditions of the road or trail, all risks being known and appreciated by me. Having read this release and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf or on behalf of my estate, waive and release Precision Timing Systems, LLC and all sponsors of the race, any other persons or companies assisting with the race, the officers, Board, Board members, agents, servants, employees, and their successors and assigns of each and every of the above from all claims or liabilities of any kind arising out of my participation in the run/walk even though the liability may arise out of negligence or carelessness on the part of the persons referred to in this waiver. I also grant permission for the use of any photographs, motion pictures, recordings or any other record of my participation in this event for any legitimate purpose. I understand that if the race is canceled because of circumstances beyond the control of the race committee and sponsors, including, but not limited to unsafe weather conditions or governmental ban, my entry fee will not be refunded.

Signature (parent if under 18 years of age) _____ Date _____